Welcome to the Keene Family YMCA!

A community where everyone is welcome and thriving.

Joining the Y – A Commitment to Community

The Keene Family YMCA is a non-profit charitable organization committed to transforming lives, and strengthening our community through programs and services focused on Youth Development, Healthy Living, and Social Responsibility. We serve people of all ages, races, incomes and religions throughout the Monadnock region with a focus on improving health and wellbeing, teaching life and leadership skills and promoting family unity. When you succeed, we succeed. By joining the Y you are committing to more than simply becoming healthier. You are supporting values and programs that strengthen your community.

THE VALUE OF MEMBERSHIP

Nowhere else in the Monadnock region can you find the breadth of programs, facilities and services that the Y has to offer, all in one place. As a member of the Y, you have access to a state-of-the art facility including:

- » An Aquatics Center with two pools, hot tub, sauna, and a lifeguard on duty
- » A Wellness Center with free weights, strength and cardio equipment
- » A 1/12th mile indoor track for running, walking or interval training
- » A full-court basketball gymnasium
- » A Gymnastics Center (available only during classes when staff is available to assist)
- » Two raquetball courts
- » Two Group Exercise Studios and up to 80 instructor-led group exercise classes each week
- » A Cycling Studio
- » A 30′ Indoor Rock Wall (available when staff is available or anytime for belay-certified members)

Whether you're 2 or 92, the Y has something for you!

Hours of Operation

Monday - Friday 5am-9pm
Saturday 6am-6pm
Sunday 8am-5pm

Hours may vary during holidays. Please visit https://keeneymca.org for more information.

MEMBERSHIP TYPES

Family Membership

Two individuals age 19 or older and their dependents who are either age 18 or under, full-time students, or active military personnel (with valid student/military ID.) All family members must reside at the same address.
Cost: $90/month or $1080/year, + $30 join/rejoin fee

Single-Parent Family Membership

One individual age 19 or older and their dependents who are either age 18 or under, full-time students, or active military personnel (with valid student/military ID.) All members must reside at the same address.
Cost: $73/month or $876/year, + 30 join/rejoin fee

Adult Membership

One individual age 30 or older.
Cost: $55/month or $660/year, +$30 join/rejoin fee

Adult Couple Membership

Two individuals age 19 or older. Both members must reside at the same address.
Cost: $83/month or $996/year, + $30 join/rejoin fee

We support the military!

If you are actively serving in the United States Armed Forces, you may be eligible for a free membership. Contact your Commanding Officer for details!

Young Adult Membership

One individual age 19-29.
Cost: $39/month or $468/year, + $30 join/rejoin fee

Youth Membership

One individual age 0-12.
Cost: $20/month or $240/year, + 30 join/rejoin fee

Teen Membership

One individual age 13-18.
Cost: $31/month or $372/year, +$30 join/rejoin fee

Monthly vs. Annual Payments

When you join you will have the option of paying your dues for the year all at once, or break them into monthly payments. Monthly payments require a valid payment method on file, and payments will be automatically drafted on the 15th of each month. Your first month's dues may be prorated.

Financial Assistance

The Keene Family YMCA is commited to providing financial assistance for those who are unable to pay the full membership dues. If interested, please inquire with the Welcome Center Staff.

MEMBER BENEFITS

The Y experience is like no other. Your membership gives you access to our expansive facility with swimming pools, wellness center, indoor track, basketball gymnasium, gymnastics center and community spaces with free WiFi. But that's not all you get. The Y has made a promise to build the foundations of community through Youth Development, Healthy Living and Social Responsibilty. What that means for you is a supportive community of staff, volunteers and members who truly care about your wellness success.

Member Benefits Include:

- **Priority program registration** – Members are able to register for our popular programs at least one week before non-members
- **Member rates on program registration fees** – You'll pay up to 50% less than the non-member rate
- **Free ChildWatch service** – Up to 90 minutes of supervised play for your child while you work out.
- **Free guest passes** (varies by membership type)
    - Family & Single Parent Family Members: 5/year if you pay monthly, 10/year if you pay annually
    - Adult, Adult Couple & Young Adult Members: 3/year if you pay monthly, 6/year if you pay annually
    - Free guest passes are not available for Teen and Youth members
- **Free access to all group exercise classes** for ages 11+
- **Free Wellness Orientation** for ages 9+
- **Full access to the YMCA facility** (Each area has age appropriate restrictions, so please review prior to visit)
- **Free access to Open Gymnastics, Open Swim, Open Climb, & Open Basketball**

Don't forget your FREE Wellness Orientation!

As a member of the Y you're entitled to one FREE Wellness Orientation with one of our trainers. Talk about your goals, sample our equipment, and ensure you're getting the most out of your membership experience.

Sign up at the Welcome Center today!

You can also book your session through the Y mobile app. Download the app today by searching "keene family ymca" in the App Store or Google Play! Look for the purple icon.

EXPLANATION OF TERMS

PRORATE: This is the membership fee that covers you from the day you start your membership to the 15th of the month when the first monthly withdrawal is posted to your checking account or credit card. It is due at the time of registration. *Does not apply to Annual Memberships.

JOIN/REJOIN FEE: This one-time fee is due at the time of registration and varies by membership type.

MEMBERSHIP FOR ALL

As part of our mission we believe no one should be denied membership or program participation based on an inability to pay for our services. Our Membership for All program is based on federal poverty income guidelines and family size.

If you are interested in applying for Membership for All, please complete an application, which can be obtained from the Y's Welcome Center online at https://keeneymca.org/membership/become-a-member. Complete applications, which include supporting documentation can be returned to the Y's Welcome Center or mailed to Keene Family YMCA, Attn: Membership Coordinator, 200 Summit Road, Keene NH 03431. We will contact you within 10 business days to discuss your application. All information will be kept confidential.

The Y's Membership For All financial assistance program is made possible through the generosity of donors to our Annual Campaign.

CANCELATION POLICY

If you wish to terminate your membership you must do so in writing by completing the Y's Membership Cancelation form. The form can be obtained from the Y's Welcome Center or on the Y's website. The form must be received at least 30 days prior to your next scheduled draft date or an additional, non-refundable draft may occur. Please be advised that if you choose to renew your membership after 30 days or more, you will be subject to a rejoin fee.

MEMBERSHIP CHANGE POLICY

If you wish to make changes to your billing method or membership type you must do so in writing by filling out a new Electronic Funds Transfer form. The form must be received at least 30 days prior to your next scheduled draft date. Charges incurred on overdrafted, closed, or expired accounts are the responsibility of the account holder. The Y charges a $30 fee on all returned transactions. Those changing membership categories may be subject to a prorated amount due at the time of the change.

CASE WORKERS, PERSONAL TRAINERS & CLIENTS

We encourage use of the Y by persons with disabilities and special needs and understand that many individuals require one-on-one care and attention by a caseworker. Clients with a membership are permitted to bring in a non-member caseworker for supervision purposes. Case Workers must complete a Guest Registration form, and have an agency issued photo ID. If a Case Worker wishes to use the facility and equipment or participate in a class they must have a membership of their own or pay a guest fee to utilize the facility.

Members are not permitted to bring in outside personal trainers or use/provide personal training by/to other members. The Y offers personal training for your convenience. Those in violation of these policies risk loss, or suspension, of membership.

YOUTH MEMBERSHIP PARAMETERS

The primary value of a youth membership at the Keene Family YMCA is the access to membership rates for programs, and priority program registration which gives you a better chance of securing your spot in popular programs like swim lessons and gymnastics. Since most programs have a higher rate for non-members, signing your child up for a membership and one program is generally still a significant savings over registering with non-member rates.

Non-member parents/guardians can enter the facility for free to watch their member child participate in a specific paid program, such as swim lessons. Please be advised, however, that non-member parents/guardians using any part of the facility with their member child does require the purchase of a guest pass for the parents/guardians.