



# KEENE FAMILY YMCA

200 Summit Rd | Keene, NH | 603.352.6002 | keeneymca.org

## PLAY AT THE Y:



WITH PARENT



INDEPENDENT



NOT ALLOWED

	7 YEARS & UNDER	8-10 YEARS	11 YEARS	12+ YEARS (or in 6th grade or above)
<b>AQUATICS CENTER</b>		OR	OR	
	REVIEW YOUTH SWIM POLICY OR SPEAK WITH A WELCOME CENTER REPRESENTATIVE BEFORE USING THE AQUATICS CENTER.			
<b>CLIMBING WALL</b>	4 yrs & Under 	5+ yrs 		
	THE WALL IS ONLY TO BE USED DURING Y SUPERVISED PROGRAMS & BY THOSE WHO ARE CERTIFIED. NO UNAUTHORIZED USE.			
<b>BASKETBALL GYMNASIUM</b>		8-9 years   10 years 		
<b>GYMNASTICS CENTER</b>				
	THE GYMNASTICS CENTER IS ONLY TO BE USED DURING Y SUPERVISED PROGRAMS. NO UNAUTHORIZED USE.			
<b>GROUP EX &amp; CYCLING STUDIOS</b>		Cycling   Group Ex 		
<b>TRACK</b>				
<b>RACQUETBALL COURTS</b>				
<b>WELLNESS CENTER</b>				
<b>LOBBY</b>				
<b>LOCKER ROOMS</b>				



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## PLAY AT THE Y

This document should help you determine when your child must be accompanied by an adult, and when they are permitted to be on their own while using our facility. Age restrictions are set for your child's safety, and should be adhered to at all times. If you have any questions, please visit our Welcome Center.

### AGES 7 & UNDER

#### » AQUATICS CENTER

**Passed Swim Test:** Under age 5, must be accompanied by an adult while in the pool. Ages 6-7 must have an adult present in the Aquatics Center while they're in the pool.

**Hasn't Passed Swim Test:** Must wear a life jacket and be accompanied by an adult while in the pool.

#### » NOT ALLOWED

Climbing Wall (Under age 4)

Group Exercise & Cycling Studios

Wellness Center

#### » MUST BE ACCOMPANIED BY AN ADULT

Climbing Wall (Ages 5+)

Basketball Gymnasium

Gymnastics Center (during Y supervised programs only)

Track (Ages 0-2 must be in stroller or infant carrier, ages 3-4 must be in stroller or holding adult's hand)

Racquetball Courts

Lobby

Locker Rooms

### AGES 8-10

#### » AQUATICS CENTER

**Passed Swim Test:** May swim independently.

**Must have an adult present in the building.**

**Hasn't Passed Swim Test:** Must wear a life jacket and have an adult present in the Aquatics Center while they're in the pool.

#### » NOT ALLOWED

Cycling Studio

Wellness Center

#### » MUST BE ACCOMPANIED BY AN ADULT

Basketball Gymnasium (8-9 years)

Track

Racquetball Courts

Lobby

Locker Rooms

Group Exercise Studios

#### » INDEPENDENTLY

Climbing Wall (during Y supervised programs only)

Basketball Gymnasium (10 years)

Gymnastics Center (during Y supervised programs only)

### AGE 11

#### » AQUATICS CENTER

**Passed Swim Test:** May swim independently.

**Hasn't Passed Swim Test:** Must wear a life jacket and have an adult present in the Aquatics Center while they're in the pool.

#### » MUST BE ACCOMPANIED BY AN ADULT

Wellness Center

#### » INDEPENDENTLY

Climbing Wall (during Y supervised programs only)

Basketball Gymnasium

Gymnastics Center (during Y supervised programs only.)

Track

Group Exercise & Cycling Studios

Racquetball Courts

Lobby

Locker Rooms

### AGES 12+ (or 6th grade & above)

#### » AQUATICS CENTER

**Full Access, no Swim Test required.**

#### » INDEPENDENTLY

Climbing Wall (during Y supervised programs only)

Basketball Gymnasium

Gymnastics Center (during Y supervised programs only.)

Track

Group Exercise & Cycling Studios

Racquetball Courts

Wellness Center

Lobby

Locker Rooms