

Keene Family YMCA Teaching Pool Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 A							5:00 A
6:00 A							6:00 A
7:00 A		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	7:00 A
8:00 A	Facility Open at 8am						8:00 A
9:00 A	CLOSED	Open Swim 9-10am		Open Swim 9-10am		Open Swim 9-11:15am	9:00 A
10:00 A		ARTHRITIS PROGRAM 10-11am	Open Swim 9-11:15am	ARTHRITIS PROGRAM 10-11am	Open Swim 9-11:15am	Open Swim 9-11:15am	10:00 A
11:00 A		ADULT SWIM 11:15am- 12:15pm	ARTHRITIS PROGRAM 11:15a-12:15pm	ADULT SWIM 11:15am- 12:15pm	ARTHRITIS PROGRAM 11:15a-12:15pm	ADULT SWIM 11:15a- 12:15p	11:00 A
12:00 P				PRENATAL AQUA FIT 12: 15-1pm			12:00 P
1:00 P		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	1:00 P
2:00 P	Open Swim & Party Rental Space 12-4pm						2:00 P
3:00 P							3:00 P
4:00 P		Swim Lessons 3:30-5: 30pm	Swim Lessons 3:30-5: 30pm	Swim Lessons 3:30-5: 30pm	Swim Lessons 3:30-5: 30pm	Swim Lessons 3:30-5: 30pm	4:00 P
5:00 P	CLOSED						5:00 P
6:00 P	Aquatics Closed at 445pm	Open Swim 5:30-7: 30pm	Open Swim 5:30-7: 30pm	Open Swim 5:30-7: 30pm	Open Swim 5:30-7: 30pm	Open Swim 5:30-7: 30pm	6:00 P
7:00 P							7:00 P
8:00 P		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	8:00 P
9:00 P							9:00 P
		Aquatics closed at 8:45pm					
							Facility open at 6am
							CLOSED
							Swim Lessons 9a-12p
							CLOSED
							Open Swim & Party Rental Space 1-4pm
							CLOSED
							Aquatics Closed at 545pm

See our swim test policy for children 12 and under. Keene-ymca.org