

# Keene Family YMCA Teaching Pool Schedule

|         | Sunday                                  | Monday                           | Tuesday                             | Wednesday                        | Thursday                            | Friday                              | Saturday |
|---------|---|----------------------------------|-------------------------------------|----------------------------------|-------------------------------------|-------------------------------------|----------|
| 5:00 A  |   |                                  |                                     |                                  |                                     |                                     | 5:00 A   |
| 6:00 A  |   |                                  |                                     |                                  |                                     |                                     | 6:00 A   |
| 7:00 A  |   | CLOSED                           | CLOSED                              | CLOSED                           | CLOSED                              | CLOSED                              | 7:00 A   |
| 8:00 A  | Facility Open at 8am                    |                                  |                                     |                                  |                                     |                                     | 8:00 A   |
| 9:00 A  | CLOSED                                  | Parent/Child Open Swim<br>9-10am | Parent/Child Open Swim<br>9-11:15am | Parent/Child Open Swim<br>9-10am | Parent/Child Open Swim<br>9-11:15am | Parent/Child Open Swim<br>9-11:15am | 9:00 A   |
| 10:00 A |   | ARTHRITIS PROGRAM<br>10-11am     |                                     | ARTHRITIS PROGRAM<br>10-11am     |                                     |                                     | 10:00 A  |
| 11:00 A |   | ADULT SWIM 11:15am-<br>12:15pm   | ARTHRITIS PROGRAM<br>11:15a-12:15pm | ADULT SWIM 11:15am-<br>12:15pm   | ARTHRITIS PROGRAM<br>11:15a-12:15pm | ADULT SWIM 11:15a-<br>12:15p        | 11:00 A  |
| 12:00 P |   |                                  |                                     |                                  |                                     |                                     | 12:00 P  |
| 1:00 P  |   | CLOSED                           | CLOSED                              | CLOSED                           | CLOSED                              | CLOSED                              | 1:00 P   |
| 2:00 P  | Open Swim & Party<br>Rental Space 2-4pm |                                  |                                     |                                  |                                     |                                     | 2:00 P   |
| 3:00 P  |   | Swim Lessons 3:30-5:<br>30pm     | Swim Lessons 3:30-5:<br>30pm        | Swim Lessons 3:30-5:<br>30pm     | Swim Lessons 3:30-5:<br>30pm        | Swim Lessons 3:30-5:<br>30pm        | 3:00 P   |
| 4:00 P  | CLOSED                                  |                                  |                                     |                                  |                                     |                                     | 4:00 P   |
| 5:00 P  | Aquatics Closed at 4:45pm               |                                  |                                     |                                  |                                     |                                     | 5:00 P   |
| 6:00 P  |   | Open Swim 5:30-7:<br>30pm        | Open Swim 5:30-7:<br>30pm           | Open Swim 5:30-7:<br>30pm        | Open Swim 5:30-7:<br>30pm           | Open Swim 5:30-7:<br>30pm           | 6:00 P   |
| 7:00 P  |   |                                  |                                     |                                  |                                     |                                     | 7:00 P   |
| 8:00 P  |   | CLOSED                           | CLOSED                              | CLOSED                           | CLOSED                              | CLOSED                              | 8:00 P   |
| 9:00 P  |   |                                  |                                     |                                  |                                     |                                     | 9:00 P   |

**See our swim test policy for children 12 and under. [Keene-ymca.org](http://Keene-ymca.org)**