



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Otter Romp Youth Triathlon Frequently Ask Questions

Updated 5/20/22

Race Registration

Q: When is the race date?

A: Sunday June 12, 2022

Q: Where do I register?

A: Register on the [Keene Family YMCA website here](#).

Q: What is the youngest age an athlete may be to compete?

A: Athletes must be 6 years or older by December 31, 2022.

Packet Pick-up

Q: Where do I pick up my race packet?

A: Race packets and t-shirts will be available for pick-up from 7:30 a.m. until 8:45 a.m. on race morning. Packet pick-up will be outside the pool area (near the race finish line) at the Keene Family YMCA.

Q: There are three numbers in my race packet – what are they for?

A: The bib with a hole in each corner is for the running portion of the race and should be attached to the front of the runner's shirt. The larger sticker bib is for the bike portion and should be secured to the bike. The small sticker bib is for the front of the athlete's bike helmet. In addition, all athletes will be body marked with their race number.

Q: Can I exchange my shirt for a different size?

A: Shirts can be exchanged, but may be done only after the race has ended. Shirt exchange takes place near the Finish Line Area and is on a first come, first served basis.

Race Day Logistics

Q: What does my child need to bring on race day?

A: Your child will need a bathing suit, sneakers, socks (if your child plans to wear them on the bike and run), bike, helmet, filled water bottle(s), goggles, shirt, and shorts. Other items to consider bringing: towel, sunglasses, hat and sunscreen.

Q: What is the timeline for race day?

A: Race Day Timeline (all times are approximate)

7:30 am – Transition Area/Registration/Body Marking open

8:40 am – Packet Pickup (at Registration) closes

8:50 am – Transition Area closes

9:00 am – First Swimmer enters the pool

9:30 am – Final Swimmer enters the pool

9:35 am – First athlete finisher

10:15 am – Final athlete finishes

10:45 am – Awards Ceremony*

**Awards Ceremony time is subject to change.*

Q: What is the transition area?

A: The Transition Area is where bikes are kept during the race. This is where athletes go after exiting the swim leg. Athletes also return here after the bike leg prior to starting the running leg.

Q: Where is the Transition Area located?

A: The Transition Area is located in the large field behind registration at the Keene Family YMCA.

Q: What is body marking and what is the purpose of it?

A: Body marking involves the writing of your racer number on your arms and your age on your calf. Body marking will be done by a Transition Area volunteer. This is helpful for the timing company and volunteers in the event you lose your bib(s) and also in the case of an emergency. Please wait to apply sunscreen until after you have been marked.

Q: Where does my athlete report to be body marked?

A: There are body marking stations at the Transition Area. You'll be body marked prior to initially entering the Transition Area. Please wait to apply sunscreen until after you have been marked.

Q: Where can I park for the race?

A: Parking is available at the Keene Family YMCA.

Q: Where does my athlete go after we've dropped off their bike and gear at the Transition Area?

A: Once you are all set in the Transition Area and everything else you needed to do is done, you should report to the pool deck of the Keene Family YMCA. You should be on deck no later than 8:55 am.

Q: What time does my athlete start?

A: Swimmers start entering the water at 9 a.m. and will enter every 30 seconds until all athletes have entered the water. The final athlete will enter no later than 9:30 a.m.

Q: I saw someone taking pictures during the race. Where will the photos be posted?

A: Our event photographer is Ben Kimball Photography. The photos will be posted on his website at <https://northeastracephoto.smugmug.com/>.

Race Course

Q: Where can I view maps of the courses?

A: [Maps of all of the courses can be found here.](#)

Q: What are the swim distances?

A: Ages 6-8 will swim 50 meters (2 laps in the YMCA pool), ages 9-10 will swim 100 meters (4 laps), and ages 11-12 will swim 200 meters (8 laps)

Q: What are the bike distances?

A: Ages 6-8 will bike 1.25 miles, ages 9-10 will bike 2.5 miles, and ages 11-12 will bike 3.1 miles.

Q: What are the run distances?

A: Ages 6-8 will run .62 mile, ages 9-10 will run .62 mile, and ages 11-12 will run 1.5 miles.

Q: How does the swim work?

A: Swimmers will enter the pool in the order of their bib numbers. Swimmers will enter the water every 30 seconds, swim up the first lane, touch the wall, go underneath the lane line and swim down the second lane. Be sure to [check out a photo of the swim course by clicking here.](#)

Q: Are flip turns permitted?

A: Yup, flip turn away.

Q: What is the average temperature of the pool?

A: The average temperature of the pool is 82 degrees F.

Q: How deep is the pool?

A: The pool depth is anywhere from 4 feet to 6 feet.

Q: What are the elevation changes like on the bike course?

A: The bike is fairly flat and involves out and back loops on Summit Drive, which will be closed to all vehicular traffic.

Q: Can athletes mount their bikes while still in the Transition Area?

A: No, athletes may not mount their bike until they have reached the 'Mount Line' located outside the Transition Area.

Q: When do athletes dismount their bikes?

A: They dismount before entering the Transition Area. There will be volunteers and signage leading up to the 'Dismount Line' located just before athletes re-enter the Transition Area.

Q: Is there a hydration station along the bike route?

A: No, there is not a hydration station along the bike route. Athletes should come prepared with at least one bottle of water for the bike leg of the race.

Q: Will the bike course be closed to traffic?

A: Yes. Summit Road will be closed to traffic for the duration of the race.

Q: Are helmets required?

A: Yes, a helmet must be worn before the athlete exits the Transition Area, during the bike portion and until the bike is re-racked in the Transition Area.

Q: Will the run course be closed to traffic?

A: The run course takes place on grass paths on the Keene Family YMCA property so there is no traffic.

Q: Is there a hydration station along the run route?

A: Yes, there is a hydration station located on the run course where athletes start their 2nd, 3rd, and 4th run loops.

General Rules & Questions

Q: Is there a time limit for finishing the race?

A: There is no official time limit for each leg or the race.

Q: Can athletes wear headphones during the race?

A: No headsets, radio and/or headphones are allowed, this includes, but is not limited to, MP3 players, iPods, iPhones and CD players.

Q: When will race results be posted?

A: Official race results will be available within 2 days of the race.

Awards Ceremony

Q: What is the breakdown for how awards are given out?

A: For the Triathlon, the following award format is followed: Age Groups (3 deep) Male/Female 6-8 years old, 9 & 10 years old, and 11 & 12 years old.

Q: Where is the award ceremony held?

A: The award ceremony will be held at approximately 10:45 am near the Finish Line Area.

Spectators

Q: Where can spectators watch the race?

A: Spectators are able to watch from just about anywhere along the race course.

Q: My family/friends are interested in volunteering. Who should they contact to volunteer?

A: Those interested in volunteering can [sign up here](#).

If you still have questions, please feel free to contact Kelly Gallagher, at kelly@sonicendurance.com. We look forward to seeing you on race day!