

Keene Family YMCA Lap Pool Schedule

LANES -	Sunday						Monday						Tuesday						Wednesday						Thursday						Friday						Saturday						- LANES				
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6		1	2	3	4
5:00 A	Facility open at 8am						Lap Swim (6 lanes) 5-830am						Lap Swim (6 lanes) 5-945am						Lap Swim (6 lanes) 5-830am						Lap Swim (6 lanes) 5-945am						Lap Swim (6 lanes) 5-945am						Facility Open at 6am						5:00 A				
6:00 A																																					Facility Open at 6am						6:00 A				
7:00 A	Lap Swim (6 lanes) 8-1130a						Lap Swim (6 lanes) 5-830am						Lap Swim (6 lanes) 5-945am						Lap Swim (6 lanes) 5-830am						Lap Swim (6 lanes) 5-945am						Lap Swim (6 lanes) 5am-345p						Lap Swim (5 lanes) 6a-115p						7:00 A				
8:00 A																																											7:00 A				
9:00 A	Lap Swim (6 lanes) 8-1130a						Lap Swim (2 Lanes)		Deep Water H2O 8:45am - 9:45am				Lap Swim (3 Lanes)		Deep Water H2O 8:45am - 9:45am				Lap Swim (2 Lanes)		Aquacise 10am - 11am				Lap Swim (6 lanes) 5am-345p		Swim Lessons 9am-12p				9:00 A																
10:00 A							9:00 A																																								
11:00 A	Pool closed at 11:45a						Lap Swim (6 lanes) 945a-345pm						Lap Swim (2 Lanes)		SWIM TEAM 11a-12p				Lap Swim (6 lanes) 945a-345pm		Lap Swim (6 lanes) 1215-345p		Lap Swim (6 lanes) 5am-345p		SWIM TEAM 115-330p				11:00 A																		
12:00 P													11:00 A																																		
1:00 P	SWIM TEAM 12-2p						Lap Swim (6 lanes) 945a-345pm						Lap Swim (6 lanes) 1215-345p						Lap Swim (6 lanes) 945a-345pm						Lap Swim (6 lanes) 1215-345p						Lap Swim (6 lanes) 5am-345p						SWIM TEAM 115-330p				1:00 P						
2:00 P																																									1:00 P						
3:00 P	Facility Closed at 12pm						SWIM TEAM 4-630p		Swim lessons 4-545p				SWIM TEAM 4-630p		Swim lessons 4-545p				SWIM TEAM 4-630p		Swim lessons 4-545p				SWIM TEAM 4-615p		Swim lessons 4-645p				Lap Swim (4 lanes) 330-545p		Open Swim 4-5p	2:00 P													
4:00 P																															3:00 P																
5:00 P	Facility Closed at 12pm						SWIM TEAM 4-630p		Swim lessons 4-545p				SWIM TEAM 4-630p		Swim lessons 4-545p				SWIM TEAM 4-630p		Swim lessons 4-545p				SWIM TEAM 4-615p		Swim lessons 4-645p				Lap Swim (4 lanes) 330-545p		Open Swim 4-5p	3:00 P													
6:00 P																															4:00 P																
7:00 P	Facility Closed at 12pm						Lap Swim (4 Lanes) 630-845p		Open Swim 630-845p				Lap Swim (4 lanes) 630-845p		Open Swim 630-845p				Lap Swim (4 lanes) 630-845p		Open Swim 630-845p				Lap Swim (4 lanes) 630-845p		Open Swim 630-845p				Pool closed at 5:45pm						4:00 P										
8:00 P																															6:00 P																
9:00 P	Facility Closed at 12pm						Lap Swim (4 Lanes) 630-845p		Open Swim 630-845p				Lap Swim (4 lanes) 630-845p		Open Swim 630-845p				Lap Swim (4 lanes) 630-845p		Open Swim 630-845p				Lap Swim (4 lanes) 630-845p		Open Swim 630-845p				Pool closed at 8:45pm						5:00 P										
9:00 P																															7:00 P																

See our swim test policy for children 12 and under. Keene-ymca.org