



the KEENE FAMILY YMCA

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MEMBER ENGAGEMENT

WELLNESS ORIENTATION

The Y offers a free Wellness Orientation to assist you in getting started toward your wellness goals. May we set you up with an appointment today?

- Yes
 Yes but, at a later time
 No thank you

How did you hear about our Y?

Please Circle

Radio	Television	Billboard	Drive-By/ Live in area	YMCA	Direct Mail	E-Mail	Yellow Pages	News- paper	Magazine
Place of Employ- ment	Member	Former Member	Friend/ Family	Medical Referral					

Areas of interest for you/your family

Please Circle

Aerobics/ Group Exercise	Spinning	Strength Training	Sports	Summer Camp	Resident Camp	Child Care	Coaching	Parent/ Child Programs	Teen Activities
Senior Programs	Social Activities	Family Recrea- tion	Volun- teerism	Fund raising	Board Member	Aquatics	Other		

Areas in which you might be interested in volunteering

Please Circle

Aerobics/ Group Exercise	Spinning	Strength Training	Sports	Summer Camp	Resident Camp	Child Care	Coaching	Parent/ Child Programs	Teen Activities
Senior Programs	Social Activities	Family Recrea- tion	Volun- teerism	Fund- raising	Board Member	Aquatics	Other		

Additional Services

The Y offers the following additional services that may be added to your membership. Please ask a welcome center representative for details.

- Towel Service - 21 Towels for \$20