



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BE A PART OF SOMETHING BIGGER

American Red Cross Lifeguard Training

ARC LIFEGUARD CERTIFICATION COURSE

DECEMBER 2017

Fri, Dec 1 st	6-8:30pm
Sat, Dec 2 nd	1:30-5:30pm
Sun, Dec 3 rd	8:30am-4:30pm
Sat, Dec 9 th	1:30-5:30pm
Sun, Dec 10 th	8:30am-4:30pm

*Must attend all days

CPR mask included in course fees.

REQUIREMENTS:

- 15 Years +
- Subject to swim test

COST:

\$300 Y Members
\$350 Community

LIFEGUARD RECERTIFICATION COURSES

DECEMBER 2017

Sat, Dec 9 th	1:30-5:30pm
Sun, Dec 10 th	8:30am-4:30pm

*Must attend all days

JANUARY 2018

Sat, Jan 6 th	1:30-5:30pm
Sun, Jan 7 th	8:30am-4:30pm

*Must attend all days

REQUIREMENTS:

- 15 Years +
- Subject to swim test

COST:

\$150 Y Members
\$175 Community

Re-cert participants will need to bring a copy of their current American Red Cross Lifeguard certification & their own CPR mask.

Keene Family YMCA | 200 Summit Road
603-352-6002 | keeneymca.org