

# KEENE FAMILY YMCA LAP POOL SCHEDULE 3/5-3/17/2018

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY												
Time	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	Time
5:00	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim												5:00						
5:15	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim												5:15						
5:30	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim												5:30						
5:45	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim												5:45						
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Deep H2O Challenge 9-10

Deep H2O Challenge 9-10

Deep Water Power Hour 9-10

Aquacise 10-11

Aquacise 10:00-11:00

Lap Swim

Lap Swim

Lap Swim

Lap Swim

Lap Swim

Lap Swim

Lap Swim

Lap Swim

Lap Swim

Swim Team

Swim Team

Swim Team

Swim Team

Swim Team

SLIDE 2-3:30 (If not rented 2-3pm)

SLIDE 2-3:30 (If not rented 2-3pm)

Closed 5:45pm

Closed 4:45pm

See our swim test policy for children 13 and under  
www.keeneymca.org  
603-352-6002

SLIDE OPEN:  
SAT 2-4, SUN 2-4 Unless rented, call ahead