KEENE FAMILY YMCA LAP POOL SCHEDULE 3/18-4/29/2018

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY

- Lap Swim
- Deep H2O Challenge 9-10
- Lesson
- Open Swim
- Lessons
- Lesson
- H2O Fit 6:45-7:45
- Lap Swim
- Open Swim

TUESDAY

- Lap Swim
- Aquacise 10-11
- Open Swim
- Lessons
- Lessons
- Lap Swim
- Open Swim

WEDNESDAY

- Lap Swim
- Deep H2O Challenge 9-10
- Open Swim
- Lessons
- Lesson
- H2O Fit 6:45-7:45
- Lap Swim
- Open Swim

THURSDAY

- Lap Swim
- Aquacise 10:00-11:00
- Open Swim
- Lessons
- Lap Swim
- Open Swim

FRIDAY

- Lap Swim
- Deep Water Power Hour 9-10
- Open Swim
- Lap Swim
- Open Swim

SATURDAY

- Lap Swim
- Lesson
- Lessons
- Lap Swim
- Lap Swim
- Open Swim
- SLIDE 2-3:30 (If not rented 2-3pm)
- Open Swim

Closed 5:45pm

SUNDAY

- Lesson
- Lap Swim
- Open Swim
- SLIDE 2-3:30 (If not rented 2-3pm)
- Open Swim
- Lap Swim

Closed 4:45pm

See our swim test policy for children 13 and under
www.keeneymca.org
603-352-6002

SLIDE OPEN:
SAT 2-4, SUN 2-4 Unless rented, call ahead

Aquatics Director: Paul Simpson psimpson@keene-ymca.org 603-283-5249