



VIRTUAL RUNNING SERIES 2020

# RUN 4 A REASON

## 4 MONTHS, 4 CAUSES

Join our fun virtual 5K running series with your family and friends to support local nonprofits! Each race starts on Sunday at 9 am of the week designated and you have one week to complete the 5K. **ALL PROCEEDS from your registration fee will benefit these nonprofits.**

**September 26**

**Walk to End Alzheimer's**

Join the Keene Family YMCA Team online at [act.alz.org](http://act.alz.org).

Donation request of \$20/racer to join team.

**October 18-24**

**Crooze for Shoes — Rotary's Sneakers for 2nd Grade Project**

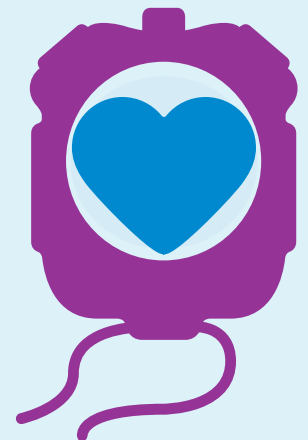
**November 8-14**

**Turkey Trot — The Community Kitchen**

**December 6-12**

**Jingle Bell Rock — Keene Senior Center**

- To register, find "Run 4 a Reason" online at [tri-state-racingonline.com](http://tri-state-racingonline.com)
- \$20 per racer; \$60 for all 3 races; \$70/race for a family of 4 or more.
- Each racer will be emailed a bib to print and wear and be entered into a raffle for prizes after each race.
- Sign up for all 4 races to be entered into a prize raffle. Each race gives you one entry.
- A Google Doc will be shared for posting results the week of each race.
- Check out our Facebook group "Run 4 a Reason" to post photos and share your stories!



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**KEENE FAMILY YMCA**